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|     |     | Career Counseling  
FLC 8:30a-4:00p (FR-115)  
Visiting Univ Rep: Sac State  
FLC 9a-4p (FR-115) | Career Counseling  
FLC 8:30a-4:00p (FR-115) |     |     |     |
|     |     |     |     |     |     |     |
|     |     | 6   | 7   | 8   | 9   | 10  |
|     |     |     | Labor Day  
No Classes, Offices Closed |     |     |     |
|     |     |     |     | Career Counseling  
FLC 8:30a-4:00p (FR-115)  
⇒WORKSHOP⇒  
Decision Making & Goal setting  
FLC 12-1p (FR-115) | Career Counseling  
FLC 8:30a-4:00p (FR-115)  
⇒WORKSHOP⇒  
Choosing a Major  
FLC 12-1p (FR-115) |     |     |     |
|     |     | 11  | 12  | 13  | 14  | 15  |
|     |     |     |     |     | TRANSFER WORKSHOP⇒  
How to Qualify for a TAG  
FLC 12-1p (FR-115) | Career Counseling  
FLC 8:30a-4:00p (FR-115) |
|     |     |     |     |     |     |     |
|     |     | 16  | 17  | 18  | 19  |     |
|     |     |     |     |     |     |     |
|     |     | 20  | 21  | 22  | 23  | 24  |
|     |     |     |     |     |     | TRANSFER WORKSHOP⇒  
FLC 12-1p (FR-115) |
|     |     |     |     |     |     |     |
|     |     | 25  | 26  |     |     |     |

**SERVICES OFFERED IN THE CAREER & TRANSFER SERVICES CENTER**

- **TRANSFER SERVICES**
  - Drop-in Transfer Counseling
  - Transfer Workshops:
    - Transfer Prep
    - TAG
  - Drop-in App Review
  - University Rep Visits:
    - CSUS
    - UC
    - Private Univ. Rep Table in Falcon’s Roost, Upper Level

- **CHOOSING A MAJOR & STUDENT SUCCESS**
  - Career Encounter Program
    - Choosing a Major Exploration & Guidance
    - Student Success Support
  - Workshops:
    - Choosing a Major
    - Decision Making & Goal Setting
    - Balancing School & Work

- **CAREER COUNSELING**
  - Occupational Interest Selection
  - College Major Selection and Planning  
    Tuesdays & Wednesdays
    Schedule Your Appointment TODAY!

- **JOB PREP**
  - Drop-in Interview/Resume Assistance
  - Job Search Assistance
  - Workshops:
    - Interview
    - Resume

See college website *Academic Calendar* for more information

[www.flc.losrios.edu](http://www.flc.losrios.edu)

**FLC Transfer Day**

**September 23rd**  
10am-1pm

30+ Colleges and Universities share exciting transfer opportunities and program information!  
FREE PIZZA & DRINKS!

Come Visit Our Table!  
FLC Health & Wellness Event 10am-1:30pm  
FLC Quad

Falcon’s Roost, Lower Level  
Room FR-115

Career & Transfer Services Center  
916-608-6526  
flc-careertransfer@flc.losrios.edu
Career & Transfer Workshops
located in the Falcon’s Roost,
Lower Level, Room FR-115

Choosing a Major:
If you are undecided or unsure of your college major and/or your career path, this workshop defines the college major purpose and introduces you to a career exploration and pathway selection process that will help you choose a major.

Decision Making and Goal Setting:
Learn about decision making and goal setting processes and discover how conscious decision making and goal setting skills are essential for succeeding in college, career and life.

How to Qualify for a Transfer Admission Guarantee (TAG):
Chris Clark, FLC Transfer Counselor, will overview the FLC TAG program, our TAG schools, and the TAG process and timeline.

Preparing to Transfer to a CSU and UC:
Interested in transferring to a four-year institution, but confused about the process? In this workshop Chris Clark, FLC Transfer Counselor, will walk you through the transfer process and answer your questions.

UCD Transfer Admission Guarantee (TAG):
A UCD Admissions Adviser will overview the UCD TAG program and discuss the process and timeline.

UCD Application and Admissions Process:
A UCD Admissions Adviser will overview and answer questions about the UCD application and admissions process.

CSUMentor Overview:
Sac State Admissions Counselor will overview CSUMentor.edu, the website designed to help students: select the appropriate CSU campus to attend, learn how to finance their education and apply for CSU admission.

Balancing School and Work:
This workshop addresses the art of balancing school, work and life, and provides resources and tips for overcoming the “balancing” challenges working college students face.

Job Prep: Resume, Cover Letter and Interview Prep:
Receive resume building and interview tips, techniques and resources, and learn about the importance of polished soft skills in college, career and life.

Find Your Purpose:
What are you here to do? What motivates you, drives and inspires you? When do you feel incredibly useful, powerful, and excited? Who do you want to serve? This workshop will help you answer these questions and help connect you to your vision of success in college, work and life. Open to students, faculty and staff.

Job Search for Veterans Workshop:
Are you a veteran or serving while going to school? This workshop focuses on helping you translate your military experiences into civilian language. Also, job opportunities that are unique for veterans will be shared.

Networking and Social Media Workshop:
80% of available jobs are not advertised! Find out how to access the "hidden job market" through strategic communication with professionals (networking) and use of social media (LinkedIn, Facebook, Twitter, and more). It is never too early to start networking. This workshop will focus on specific strategies you may use to build your professional network – and ultimately, how to use your network in a job search.

Effective Job Search Techniques:
In this workshop participants will learn tips and tools for job hunting in today’s job market.