It’s about a better life
2013-2014 CalWORKs Vocational Program Guide

Los Rios CalWORKs Educational Program
Los Ríos Community College District

American River College
Cosumnes River College
Folsom Lake College
Sacramento City College
Introduction

The Los Rios Community College District includes American River College, Cosumnes River College, Folsom Lake College, and Sacramento City College. The Los Rios District receives funding through the California Community College Chancellor’s Office to provide student support services, subsidized work study, and instruction for CalWORKs participants to help students transition from welfare to work. Programs and services are provided in collaboration with local welfare departments (e.g. Sacramento, Yolo, and El Dorado Counties).

The Los Rios Community College District works with each county welfare department to develop an annual list of approved vocational programs for CalWORKs participants. These programs prepare CalWORKs participants to transition from welfare to work. This guide is intended as a quick reference tool. It lists and cross-references Sacramento County (largest referring county) approved job titles to corresponding Los Rios programs of study that prepare students for these occupations. The guide does not replace information that is already provided in each of the Los Rios college catalogs. The current years’ college catalog remains the complete and authoritative resource on vocational program content, course descriptions, units, prerequisites, and requirements.

Special thanks go to Paula Freeman, Temporary Clerk III, for her assistance with this edition.

Melissa Jacobs
District CalWORKs Coordinator
2008-2014

For more information on Los Rios vocational classes and certificate/degree programs, please contact:

**American River College**
CalWORKs Program
4700 College Oak Drive
Sacramento, CA 95841
(916) 484-8059

**Cosumnes River College**
CalWORKs Program
8401 Center Parkway
Sacramento, CA 95823
(916) 691-7465

**District CalWORKs Office**
Los Rios Community College District
1919 Spanos Court
Sacramento, CA 95825
(916) 568-3162

**Folsom Lake College**
CalWORKs Program
100 Scholar Way
Folsom, CA 95630
(916) 608-6560

**Sacramento City College**
CalWORKs Program
3835 Freeport Blvd.
Sacramento, CA 95822
(916) 558-2331
How to Use this Guide

This guide lists the 2013 Sacramento County Department of Human Assistance Approved Occupational Categories and corresponding Programs of Study within Los Rios Community College District. The page number(s) refers to the Program(s) of Study listing which will identify whether or not there is a certificate, degree, or degree for transfer offered in that area of study at a specific college. There may be program courses available at other colleges even if a certificate or degree is not available. This is intended to be a working guide for corresponding Programs of Study. There may be more than one applicable Program of Study for each occupation. Current year college catalogs should be used to determine specific course content, program descriptions, units, pre-requisites or other requirements. Continuous dialog between county human assistance departments and the Los Rios colleges’ CalWORKs staff, educational counselors and advisors is the best way to ensure adequate supports and a sound educational plan that lead to a student’s success.

It’s about a Better Life for children and families...
APPROVED OCCUPATIONS AND PROGRAMS OF STUDY

These Approved Occupational Training Programs are available at the colleges of the Los Rios Community College District as Certificate and/or Degree Programs.

The Sacramento County Department of Human Assistance “Approved Occupation Categories for SIPs and VTR” list was updated July 2013 based on local Employment Development Department Labor Market Information Division and Occupational Research Group data primarily for entry-level jobs, as well as information from Los Rios Community College District, the County Regional Occupational Program, and the Sacramento Employment and Training Agency (SETA).

NOTE: DEGREE program units are those required in a MAJOR. To earn a degree the following must be completed:
1. Satisfactory completion of a minimum of 60 degree applicable units with a “C” (2.0) cumulative grade point average (GPA) in a curriculum that the district accepts toward the degree. At least 12 units must be earned at the college the student will graduate from.
2. Major: One of the degree programs listed in the college catalog with a minimum “C” grade in each course for the major.
3. Complete a minimum of 21-24 units of general education course work.
4. Demonstrate college-level competence in reading, written expression and mathematics.

Please also note that to earn a Certificate, each course required for the Certificate must be completed with a grade of “C” (or the equivalent) or better.

It is strongly recommended that students meet with an academic counselor at the college at which they plan to enroll, and complete a Student Educational Plan which will account for all the units necessary to achieve a particular goal.

Key:
D = Degree
C = Certificate
DT = Degree for Transfer
G = Green Occupations

**Consult with a County Vocational Assessment Counselor for Occupational options, Specialized Assessments, Labor Market Information & planning recommendations.
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G=Green Occupations
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*D = Degree  
*C = Certificate  
*DT = Degree for Transfer  
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Colleges may offer coursework even if a degree/certificate is not indicated. Consult an academic counselor/advisor.

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<td>Business - Office Administration: Clerical General Office</td>
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**Consult with a County Vocational Assessment Counselor for Occupational options, Specialized Assessments, Labor Market Information & planning recommendations.**

### Los Rios Community College District Programs of Study

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<td>Culinary - Restaurant Management (see also: Hospitality Management)</td>
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**Consult with a County Vocational Assessment Counselor for Occupational options, Specialized Assessments, Labor Market Information & planning recommendations.**

<table>
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<tr>
<th>Programs of Study</th>
<th>ARC</th>
<th>CRC</th>
<th>FLC</th>
<th>SCC</th>
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<tr>
<td>Theatre Arts - Children's Theater</td>
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<td>Theatre Arts – Film (see also Film)</td>
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<td>Welding - Gas Metal Arc, Flux Corded Arc Welding Plate</td>
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<td>Welding - Gas Tungsten Arc Plate &amp; Pipe Welding</td>
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<td>Welding - Shielded Metal Arc Plate and Pipe</td>
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</table>
D = Degree  
C = Certificate  
DT = Degree for Transfer  
Colleges may offer coursework even if a degree/certificate is not indicated. Consult an academic counselor/advisor.  

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